



Coblation Treatment Information Sheet

Procedure Background:

This procedure clears blocked airways by both shrinking and removing tissue. In addition to treating snoring, coblation is used in tonsillectomies and a variety of upper airway procedures.

Preparation/Aftercare:

- Do not take Aspirin or non-steroidal anti-inflammatory medications(NSAIDs) for 2 weeks prior to your procedure
- Do not eat or drink 3 hours prior to your procedure
- Do not blow your nose 24 hours following procedure
- If you need to sneeze or cough, try to do so with your mouth open
- Keep the head of your bed raised 30 degrees for 2-3 nights post procedure
- Discuss pain medication with your doctor at the time of your procedure

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Scheduling/Payment Information:

1. Scheduling for coblation is routinely done at the end of the day.
2. The procedure is approximately 45-60 minutes in length. Plan on being here for over an hour.
3. Plan on arriving **15** minutes prior to your booked appointment.
4. Please be aware that the fee for the custom hand piece required for this procedure is **\$225.00 is payable on the day of the service.**
5. Verification of referral and copayment as required by your individual insurance coverage.