



Pillar Treatment Information Sheet

Procedure Background:

This procedure is intended to reduce snoring, but no guarantees can be given regarding the results.

Scheduling/Payment Information:

- Scheduling for this procedure is typically done at the end of the physician's day.
- The procedure is approximately 30 minutes in duration. Plan on spending approximately one hour in our office for procedure and administrative requirements. You are asked to arrive 15 minutes in advance of your scheduled procedure start time.
- The fee for the procedure is two thousand dollars (\$2,000.00) for the first three (3). After the original three, the fee is six hundred and fifty (\$650.00)
- These fees are non-refundable and are due on the date of service.
- Verification of additional information such as referral and copayment are required subject to your individual insurance policy.

Preparation/Aftercare:

- Do not take Aspirin or non-steroidal anti-inflammatory medications(NSAIDs) for (2) two weeks prior to your procedure
- Do not eat or drink for three (3) hours prior to your procedure
- Keep the head of your bed raised thirty (30) degrees for two or three (2-3) nights post procedure
- Discuss pain medication with your doctor at the time of your procedure.