

VERNICK & GOPAL LLC

Ear, Nose and Throat Specialists



Harvard Medical School
Otology and Laryngology

DAY ADMISSION PROCEDURE TELEPHONE SCREEN

Date:

Dear:

DAVID M. VERNICK, MD, FACS
Chief of Otolaryngology,
Assistant Clinical Professor, Harvard Medical School
Beth Israel Deaconess Medical Center
Otology, Neurotology, Skull Base Surgery

HARSHA V. GOPAL, MD, FACS
Assistant Clinical Professor, Harvard Medical School
Rhinology, Sinus Disorders,
Snoring/Sleep Apnea,
Head and Neck Surgery

CECILIA V. TRAN, MD
Clinical Instructor, Harvard Medical School
Rhinology, Sinus Disorders,
Laryngology, Head and Neck Surgery

ANN STOCKWELL, MA, CCC-A
Director of Audiology

RACHEAL RUSH, MCD, CCC-A
Audiologist

TRACY BLAIR, MS, CCC-A
Audiologist

KERRY COHEN, AU.D., CCC-A
Audiologist

The appointment for your **PRE-OPERATIVE TESTING AND ANESTHESIA CLEARANCE** will be performed as a telephone screen. You should be prepared for the nurse to contact you by telephone within 5-7 business days of the surgery.

Your surgical procedure has been scheduled with DR. _____ at Beth Israel Deaconess Medical Center for _____ at _____. Please plan to arrive at The Ambulatory surgical suite on the third floor of The Carl J. Shapiro Clinical Center located on the corner of Brookline and Longwood avenues 90 minutes prior to your scheduled surgery time. For you this would be at _____.

Diet Guidelines:

- **YOU MUST NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY (THIS INCLUDES CANDY, GUM, AND WATER).**
- **DO NOT TAKE ANY ASPIRIN PRODUCTS OR VITAMIN SUPPLEMENTS FOR TWO WEEKS PRIOR TO YOUR SURGERY DATE (IBUPROFEN, ADVIL, MOTRIN, FISH OIL, VITAMIN E, ETC.)**
- **YOU MAY TAKE TYLENOL IF NECESSARY.**

Please call our office if you have any further questions at 617-383-6846.

Best wishes,

Surgical Coordinator